

Morning Prayers

I. Modeh Ani

מוֹדָה אֲנִי לְפָנֶיךָ, מֶלֶךְ חַי וְקַיִם,
שֶׁהֵחֵזַרְתָּ בִּי נִשְׁמָתִי בְּחַמְלָה,
רַבָּה אֱמוּנָתְךָ.

*Modeh ani lifanekha melekh hai v'kayam shehehezarta bi nishmahti
b'hemla, raba emunatekha.*

"I give thanks before You, Living and Eternal King, that You have returned within me my soul with compassion; [how] abundant is Your faithfulness!"

II. Elohai Neshamah

אֱלֹהֵי, נְשָׁמָה שְׁנַתַּת בִּי טְהוֹרָה הִיא.
אֶתָּה בְּרֵאתָהּ, אֶתָּה יִצְרַתָּהּ, אֶתָּה נִפְחַתָּהּ בִּי,
וְאֶתָּה מְשַׁמְרָהּ בְּקִרְבִּי, וְאֶתָּה עֹתִיד לְטֹלָהּ מִמֶּנִּי
וְלְהַחְזִירָהּ בִּי לְעֵתִיד לְבוֹא. כֹּל זְמַן שֶׁהַנְּשָׁמָה
בְּקִרְבִּי, מוֹדָה אֲנִי לְפָנֶיךָ, יי אֱלֹהֵי וְאֱלֹהֵי אֲבוֹתַי
רְבוֹן כָּל הַמַּעֲשִׂים, אֲדוֹן כָּל הַנְּשָׁמוֹת
בְּרוּךְ אַתָּה יי, הַמַּחְזִיר נְשָׁמוֹת לְפִגְרִים מֵתִים

"Elohai neshama shenatata bi t'horah hi. Ata b'ratah, ata y'tzartah, ata n'fachtah bi [v'ata m'shamrah b'kirbi v'ata atid litelah mimeni ulehachazirah bi leatid lavo. Kol z'man shehaneshaman b'kirbi modeh/ah ani lefaneicha, Adonai Elohai v'lohei avotai, Ribon kol hamasim, Adon kol haneshamot. Baruch ata Adonai, hamachazir neshamot lifgarim metim]."

"My God, the soul You have given me is pure. You created it, You formed it, and You breathed it into me. [and You guard it while it is within me, and one day You will take it from me, and restore it to me in the time to come. As long as the soul is within me, I will thank You, HaShem my God and God of my ancestors, Master of all works, LORD of all souls. Blessed are You, LORD, who restores souls to lifeless bodies]."

- III. Psalm 103:1: "Bless ADONAI, my soul! Everything in me, bless his holy name! Bless ADONAI, my soul, and forget none of his benefits!
- IV. Mah Tovv – pg. 39-40 Messianic Shabbat Siddur
- V. Hallel – Psalm 145

- VI. Shema – pg. 47-48 Messianic Shabbat Siddur**
- VII. Amidah – avoid the part that says “Let there be no hope...” and resume the prayer at the words “May all the wicked perish...” and continue.**